# UPPER MIDWEST ENDURANCE AND COMPETITIVE RIDES ASSOCIATION



## Summer is Upon Us!

Hey UMECRA – hope this finds you and your horses all "ride fit" and on the trail! It's a great time to catch up with all your trail buddies and check out the new horses who are just getting started.

Please make sure you are taking time to greet the newcomers and welcome them to our sport. That's one of the best things about distance riding. We have the opportunity to visit both in camp and on the trail!

When you see a new face either in camp or on the trail – make sure you say Hi and welcome them to the best sport in the world!

Happy trails! Peggy Pasillas UMECRA Newsletter

## Looking for new places to ride in your area and beyond?

#### Check out http://trailmeister.com/

Lots of information there on trails and all things trails! Search by city, state, even zip codes! You can even add trails that you know about.

"The horse, with beauty unsurpassed, strength immeasurable and grace unlike any other, still remains humble enough to carry a man upon his back." ~ Amber Senti

## Advertising in the UMECRA Newsletter

Rates depend on the size of your ad and how many times you wish to run it:

Ad Rates for	1 time	2-3 times	4-8 times	9-10	the year
Newsletter				times	
Classified 10 lines	\$6.00				
*					
\$.60 extra per					
line					
Business Cards	\$8.50	\$6.80 ea.	\$5.95 ea.	\$5.50	\$51.00
				ea.	
Quarter Page	\$20.00	\$16.00	\$14.00	\$13.00	\$120.00
		ea.	ea.	ea.	
Half Page	\$25.00	\$20.00	\$17.50	\$16.25	\$150.00
		ea.	ea.	ea.	
Full Page	\$45.00	\$36.00	\$31.50	\$29.25	\$270.00
-		ea.	ea.	ea.	
*Line = (65 Characters					
per line including					

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#### Newsletter Editor – Volunteer Needed!

Each year two board appointed positions are renewed or new volunteers are appointed at the November Board of Directors meeting. **Newsletter Editor(s)** will edit, author and publish at least 10 newsletters per year both electronic and by hard copy. It is important to have good computer skills for this position. Previous newsletter publishing experience is a plus. You do not have to be a writer, but formatting and editing skills are necessary and an aptitude for hitting deadlines is a valuable quality. Please send your letter nomination and qualifications to UMECRA Secretary/Treasurer Bruce Birr at <u>bbirr@centurytel.net</u>.

This is a non-voting position. The position is subject to the requirements of the traditional duties and standards of responsibility expected of these positions within UMECRA, subject to the authority of the UMECRA Board and as related needs arise within their areas of responsibility. In addition appointees will have to sign UMECRA Code of Conduct. Please contact a board member if you are interested.

## **RIDE CALENDAR!!**

5/26-5/27 Grand Island, Rapid River, MI
6/2-6/3 Endure Ride, Chandlerville, IL
6/2-6/3 Maplewood West, Pelican Rapids, MN
6/9-6/10 White River Summer, Hesperia, MI
6/9-6/10 ApDRA, Palmyra, WI
6/16-6/17 SE MN, Preston, MN
6/23-6/24 Grand Island North, Limestone, MI
6/30-7/1 Dead Dog Creek, Kinmundy, IL
7/6-7/7 Endless Valley, Arena, WI
7/7-7/8 AHAM/Hopkins Creek, Manton, MI
7/14-7/15 Mosquito Run, Rogers, MN
7/21-7/22 AHDRA1 My Backyard, Farmington, IA
7/21-7/22 Pine Martin, Welmore, MI
7/28-7/29 Bonecrusher, Palmyra, WI
8/4-8/10 Shore to Shore, L Huron to L Michigan
8/11-8/12 Louise Reidel Memorial, Arkdale, WI
8/18-8/19 Rock River Charity, Utica, IL
8/18-8/19 Run for the Cactus, Granite Falls, MN
8/24-8/25 Northern Highland, Conover, WI
9/1-9/3 White River Fall Labor Day, Hesperia, MI
9/8-9/9 Charity Cup, Pillager, MN
9/8-9/9 Keweenaw, Marquette, MI
9/8-9/9 Lincoln Trail, Kinmundy, IL
9/15-9/16 Colorama Classic, New Prospect, WI
9/15-9/16 Tin Cup Springs, Luther, MI
9/21-9/22 Run for the Ridge, Fairfax, MI
9/22-9/23 Salomonie Stomp, Andrews, IN
9/29-9/30 Metro Park Express, Milford, MI
10/6-10/7 DRAWARAMA, Palmyra, WI

10/13-10/14	Oak Leaf Run, Hamilton, MI
10/19-10/20	Point Chaser, Theilman, MN
11/2-11/4	Brushy Creek

**Ride Managers** – please check dates and locations. Contact Peggy at <u>UMECRAnews@gmail.com</u> with corrections.

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#### **RELIABLE** horse, ready to ride:

16 yr 14.3, Reg Arab, well conditioned for a reliable ride or junior horse. Has over 3000 umecra miles. Loves to go down trail, no problem leading. No bad vices has never bucked, reared or purposely tried anything bad. Has done 4H showing and beginning jumping. Videos and pics available. As I listed at UMECRA banquet I will donate 1400.00 to UMECRA silent auction if he is sold to distance rider.

Contact Diane Meinders <u>616-706-6478</u>. Or email <u>dmeinders@optiodata.com</u> or contact on Facebook.

#### 

**EXISS 4 Horse Aluminum Horse Trailer** For Sale. 1998 Stored inside all the time LQ with stove with oven, refrig, sink with running H2O. 7 feet tall, 7 feet wide, Power Jack, 2 batteries, 2 prop tanks Sara Davis-Kraus, 920-921-1314 LAM if no answer



## **Ride Results!**

MnDRA1 - 5/5/18 - Comp HW			
Rebecca			1
	Horihan	LC Ernani	1
Sheryl	O'Brien	Wild River Sundancer	2
Michelle	Fedewa	Rose	3
		5/5/18 - Comp Jr	
Ruby	Thorp	Nightmare Blues	1
Kaitlyn	Fedewa	Apache - MN	2
		5/5/18 - Comp LW	
Candy	Barbo	Psyche On Fire	1
Diane	Merz		2
Peggy	Pasillas	Remy	3
Suzanne	Warren	CR Zohlaraaz	4
Kimberly	Wycisiak	Quest A Gold	5
Bev	Specht	JH Arabalest	6
Victoria	Robison	FC Zhivago	Р
	MnDRA1	- 5/5/18 - Drive	
Leslie	Lloyd	Spot	1
Sharon	Hahn	My Cameo Love	2
Susan	Lockling	Trixie	3
		5/5/18 - End HW	
Barry	Saylor	Sweet Honey de	1
Sarah	Carlson	Miss Chievous Artemis	2
Max	Harn	Nano Tech	P
		- 5/5/18 - End Jr	
Emma	Christopherson	Misty	1
Sophie	Gustafson	Tryggr	1
		5/5/18 - End LW	
Jodi	Johannessen	PR Bay Muscrana	1
Sarah	Maass	Royal Opus	2
Dana	Gasner	Remington	2
Dana		L - 5/5/18 - LD Jr	2
Joseph	Enge	AW Classika	1
303Cp11		- 5/5/18 - LD Sr	-
Michelle	Splonskowski	Sharif El Moniet	С
Kasey	Cocoran	Shayla	c
Maria	Enge	Faustos Flame	c
	Cheesebrow		C
		Legacy of Khourage	C C
Lynda	Zimmerman	Chacofino San Rose	
Teresa	Fett	Ice Falcon LRA	C
Donna Lee		Sundancer Comanchero	C
Debra	Moe	Pendragon Myth	C
Joan	Thiel	A Risky Encounter	С
Darlene	Molitor	VC Sundae Edition	С
Lynne	Triplett-Benson	Helen Jane	С
Sierra	Galatz	Colby	С

	MnDRA1 -	5/6/18 - Comp Jr	
Ruby	Thorp	Nightmare Blues	1
	MnDRA1 -	5/6/18 - Comp LW	
Candy	Barbo	Psyche On Fire	1
Peggy	Pasillas	Remy	2
Linda	Goddard	Regal Task	3
	MnDRA1	- 5/6/18 - Drive	
Leslie	Lloyd	Spot	1
Susan	Lockling	Trixie	2
	MnDRA	L - 5/6/18 - LD Jr	
Adin	Esqueda	Shadow	С
	MnDRA1	- 5/6/18 - LD Sr	
Teresa	Fett	CR Mistiraaz	1
Kelly Ann	Kennedy	Lilly Creek Danzig	2
, Debra	Schroeder	Mexicali Mac V	3
Crystal	Esqueda	Lopin in Diamonds	4
, Barry	Saylor	Ultra Psuede	Р
, Maria	Enge	Miss Molly Mule	Р
		- 5/6/18 - Novice	
Madalyn	Harvey	Fancy	1
, Isabel	, Dieperink	, AM Suwanne Adrianna	2
Karla	Ovsak	Patches - MN	3
Nancy	Hoffman	KHA Hedoni SRA	4
Michele	Bjork	Sorli Fra Fitjamyri	5
Melonie	Driese	Justaemageof "Louie"	6
Sonia	Borg	Lovey	-
Angela	Hames	/	С
Jennifer	Frenchs-Ramon	Stitch	C
Janette	Paulu	Tristan	C
Lauren	Redetzke	Kitty	C
		Midsummer Supremacy	•
Sarah	Mikkelson	"Henry"	С
Caryn	Cruz	Sarha	С
Joshua	Ramon	Chico - Arab	C
Amanda	Reynolds	Dreamer - POA	C
Jeff	Reynolds	Buckshot	C
Emily	Kibler	Mr Major General	C
Kaitlyn	Wesley	Kusanna	C
Keri	Wesley	Gotta Flirt	c
Rebecca	Horihan	LC Ernani	MO
Debra	Moe	Pendragon Myth	MO
Lynda	Zimmerman	HDR Petrolero de Nevado	MO
Dale	Lunde	Mattingley Hour Glass	MO
	O'Brien		MO
Sheryl Toni		Wild River Sundancer Neveah	
	VonRuden		MO
Debra L	Juettner	Rena	Р

Glacier Trail - 5/12/18 - End LW			
Jan	Worthington	Golden Lightning	1
Belinda	Cook	BF Four by Four	2
Laurie	Henschel	Bataania KSR	3
Sheila	Schneider	Gypsy B Miss Behavin	4
	Glacier	Frail - 5/12/18 - LD Jr	
Lorelai	Haase	Hamlet	1
Hattie	Herrmann	WOA Ravens Premier +/	2
	Glacier 1	rail - 5/12/18 - LD Sr	
Nick	Metz	Sammy	1
Marianne	Guilfoyle	Gianni Ali Oops	2
Roberta	Harms	Lady Jane	3
Sharon	Crawford	Sundance	4
Lynn	Haase	Fuzz	5
Lorelai	Haase	Hamlet	6
Dawn	Foster	Walter Von Der Vogelweide	С
Debra	Stettner	Zero Sum	С
Jen	Moore	Sidney Rain	С
Tracy	Johnson	Mombo Number Five	С
Deb	Searle	Sultann Sundance	С
Melissa	Coolich	Rumor SWA	С
Laura	Husser	CDWD Margarita	С
Elyssia	Perez		Р
	Glacier Trail - 5/13/18 - Comp HW		
Barb	Hogan	Arapto Keepnfaith	1
Glacier Trail - 5/13/18 - Comp LW			
Laura	Savatski	Murphy's Law	1
Laurie	Henschel	Ebony's Bravo Moon	2
Glacier Trail - 5/13/18 - LD Jr			
Lacin	Turgut	SRB Reno Lytes	1
Hattie	Herrmann	WOA Ravens Premier +/	2
Alice	Erickson	Rushcreek Calia	3



Glacier Trail - 5/13/18 - LD Sr			
Sherry	Aune	Cabernet Sauvignon	1
Nikki	Boesch	SH After Midnite	2
Linda	Jacobson	Chub Lake Jack Daniel	3
Amber	Hennig	PAA Baylyn Seer	4
Ainsley	Suskey	RFR The Icebaby	5
Pam	Cotton	Wyatt's Dire Straits	6
Beth	Kuhfuss	Glory	С
Lorelai	Haase	Herbee The Love Bug	С
Tracy	Johnson	Mombo Number Five	С
Vera	Betzelberger	Lexus	С
Amber	Erickson	Ophelia Kkan	С
Joslyn	Seefeldt	DSD Starstruck	С
Eileen	Kirsch	Hansi	С
Lynn	Haase	Fuzz	С
	Glacier Tr	ail - 5/13/18 - Novice	
Danielle	Barman	Peaches	1
Chad	Manthey	Tucker	2
John	Smith	Way Denied	3
Kelly	Grgas	A Classical Mistress	4
Grace	Mitchell	Milo	5
Valerie	Krebs	Chase	6
Toni	VonRuden	Neveah	MO
Debby	Weisbecker	Love Me A Latte	MO

#### 

## Clinic Update!

We had 31 attendees at the MN clinic this year, smaller than some previous clinics, but almost all were new faces so very good overall.

Sarah Schick came from Virginia and gave a great interactive presentation on the basics of the sport. Ken and Theresa Meyer were there and presented on competitive!

People had lots of good questions which sparked some valuable discussions. All in all, it was a very productive day with 14 people signed up to do the mock ride before they left at the end of the day.

Special thanks to Ken and Theresa Meyer, Sue Schedin, Joan Duncanson Elbert, Jan Sasena and of course Greg Pasillas for all your help!

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## The Three "Rights" of Worming!

Yellow eggs on the horse's legs and flanks. Reduced appetite and subsequent weight loss. Dull hair coat. Tail rubbing. Coughing. All of these clinical signs might lead you to pick up a tube of dewormer the next time you are at the feed store, but before you do, make sure you talk to your veterinarian and get to know the three "rights" of deworming.

Now, more than ever, it is critical to work with your veterinarian and take an active role in the parasite control process. Considerations beyond which dewormer to use are at play. Your farm is unique, which means your horses and their parasite burdens are unique and may benefit from management solutions that go beyond chemical parasite control strategies.

The goal of a strategic deworming program is not to eradicate all parasites from all horses on the farm. It is to reduce the parasite burden in each horse so that he is healthy. The only way to effectively accomplish this goal using the deworming products available is to employ the help of your veterinarian and take a science-based approach to identify the "right horse" and give him the "right dewormer" at the "right time."

#### 1. The right horse

Keep in mind, there is no one-size-fits-all deworming program. Your weanling out in the pasture does not have the same parasitic risks as your 10-year-old performance horse in the stall. Each horse's age, exposure and environment must be taken into consideration in determining his parasite risk and deworming protocol.

Because approximately 20 percent of the horses shed 80 percent of the eggs on a farm, fecal egg counts (FEC) should be conducted by your veterinarian to identify which horses are actually shedding the parasite eggs. Horses should then be ranked according to their level of shedding as "low," "moderate," or "high," as designated in the AAEP Parasite Control Guidelines.[1]

Most experts agree animals should be treated differently based on their shedding history. It might be the same individual horse that requires more treatments, but this method helps eliminate the use of dewormers on horses that do not need to be treated. By taking this approach, we can have the most impact on decreasing fecal egg shedding and pasture contamination, while at the same time reducing exposure of parasites to anthelmintics and thus reducing creation of resistance.

Fecal egg count level [1]	Percentage of adult population*
Low contaminators: 0-200 EPG (eggs per gram)	50-75%
Moderate contaminators: 200- 500 EPG	10-20%
High	15-30%

Fecal egg count level [1]	Percentage of adult population*
contaminators: >500 EPG	

\*These values are only estimates and the actual percentage of horses in each category will vary among farms depending on a multitude of factors

#### 2. The right dewormer

Every dewormer on the market has some level of resistance and that resistance varies greatly by geographic location, as well as by parasite. The only way to know for certain if there is parasitic resistance to a dewormer on your farm is to have your veterinarian perform a fecal egg count test prior to deworming a horse and then a fecal egg count reduction test (FECRT) on the same horse two weeks later. If the anthelmintic is still effective, the FECRT should show about 99-plus percent effectiveness. If resistance is an issue the FECRT may be showing less than 85 to 90 percent effectiveness.

Resistance can vary farm to farm so a select number of horses at each location should be tested. Your veterinarian will be able to help you determine which products to use when.

Chemical Class - Target Parasites

- Avermectin (ivermectin and moxidectin)
  - Ivermectin has a broad range of activity (large and small strongyles, pinworms, ascarids, hairworms, lungworms, threadworms and bots), but does not adequately kill encysted small strongyles and is ineffective against tapeworms.
  - Moxidectin is similar to ivermectin except it is also effective against LL3/L4 stages of encysted small strongyles (not labeled as effective against EL3 stage).
- Praziquantel with avermectin (tapeworm control)
  - Targets all parasites according to details above for ivermectin, plus tapeworms.
- Benzimidazoles (everything ending "-endazole," including fenbendazole and oxibendazole)
- Fenbendazole kills large strongyles, small strongyles and pinworms at 5 mg/kg; kills ascarids at 10mg/kg; and kills migrating large strongyles, migrating ascarids and all stages of encysted small strongyles (EL3, LL3, L4) at 10 mg/kg for 5 days (larvicidal dose).
- Oxibendazole is effective against large strongyles, pinworms, ascarids and threadworms, but not encysted small strongyles.

- Pyrantel salts
  - Pyrantel pamoate controls large strongyles, pinworms, ascarids and, to some degree, tapeworms (at double-dose).
  - Pyrantel tartrate is the basis of daily dewormers and controls large strongyles, pinworms and ascarids.

#### 3. The right time

Ideally, deworming should be conducted on the right horse at the right time based on its parasite load. Horses that are low egg shedders (based on their FEC) may need to be treated 2 or 3 times a year, whereas a high shedder may need 5 or 6 treatments a year.

Parasite "season" varies by geographic location. In the northern part of the United States, the summer months are parasite season. For the South, primary transmission takes place in the spring and fall. Parasite transmission is not as high during the very hot and/or cold times of the year and, thus, these are not the right time to deworm.

For the low egg shedder, deworming during peak parasite transmission based on your geographic location might be sufficient. This usually means two treatments a year, one to target migrating large strongyles and the other to target all stages of encysted small strongyles.

These guidelines apply to the moderate egg shedders, as well, but your veterinarian may recommend a third treatment for these horses.

Horses that are high egg shedders should get the above recommendations, as well as including one additional (non-larvicidal) treatment during the main season of larval transmission (typically summer) and a second non-larvicidal treatment during the "off-season" (typically winter) in your area.

Consult your veterinarian for specific product and timing recommendations based on the parasites present at your farm.

UMECRA Newsletter c/o Peggy Pasillas 9928 Rich Valley Blvd Inver Grove Heights, MN 55077 www.umecra.com

Deadline for Next Newsletter: 5<sup>th</sup> of each month Send news to: <u>UMECRAnews@gmail.com</u>



#### PRESIDENT

Jon Wagner W359 N 8280 Brown Street Oconomowoc, WI 53066 920-342-0958 jwagner288@wi.rr.com

#### VICE PRESIDENT

Tony Troyer 867 N 45th Road Earlville, IL 60518 815.539.7375 il4aerc@aol.com

#### SECRETARY/TREASURER

Bruce Birr 1633N W, Kendll Road Manistique, MI 49854 906.341.8562 Home 906.286.1991 Cell

bbirr@centurytel.net

#### POINTS KEEPER

Robin Schadt

7342 W 115th Street Worth, IL 60482 708.280.8241 robinschadt@aol.com

## REGIONAL DIRECTORS

Nicole Mauser-Storer 201 S Cameron Lane Bartonville, IL 61607 618.868.2999 n.mauserstorer@huskers.unl.e

#### MICHIGAN

Lisa Germann 6529 Milan Oakville Road Milan, MI 48160 734.439.5616

#### lgermann08@comcast.net

#### MINNESOTA

Sarah Maass 60693 State Hwy 4 Fairfax, Mn 55332 507-340-7859 sarahmaass@hotmail.com

#### WISCONSIN Laurie Henshel N8969 Cty 00 Clintonville, Wi 54929 608-774-7490 ridgeviewwalkers@frontiernet.net

AERC REGIONAL REPS Connie Caudill – Ride Sanctioning 812-967-5973 Sue Keith 812-949-1629

#### SANCTIONING

COORDINATOR Joslyn Seefeldt 5738 Klug Road Milton, WI 53563 608.774.7490 joslynsfiberfarm@aol.com

#### NEWSLETTER EDITOR

Peggy Pasillas 9928 Rich Valley Blvd Inver Grove Hgts MN 55077 651-450-7959

#### peggy@pasillas.net

#### UMECRAnews@gmail.com

#### DIRECTORS AT LARGE

Peggy Pasillas 9928 Rich Valley Blvd Inver Grove Hgts MN 55077 621.353.7959 peggy@pasillas.net Bill Suskey 5605 W Pine Lane Mequon, WI 53092 262.242.9402 hellsbellsfarm@gmail.com

#### VETERINARY REP

Wes Elford N9140 Cty Road V Mayville, WI 53050 920.948.1078

wselford@sbcglobal.net

#### WEBSITE EDITOR

Nicole Mauser- Storer 201 S Cameron Lane Bartonville, IL 61607 309.697.5591 n.mauserstorer@huskers.unl.edu

#### RIDER REPS

Max Bernsdorf N5630 Hwy 42 Kewauee, WI 54216 920-255-1102 miranch@hotmail.com

#### Janette Sasena

17185 Pheasant Meadow Ln SW Prior Lake, MN 55372 952.292.2973 janettesasena@mac.com

Lynda Zimmerman 130-8th St. NW Maple Lake, Mn 55358 612-804-4387 blz@usfamily.net

Tracy Johnson

404 Allen St.

Cambridge, Wi 53523 608-209-2516 tracyj6907@hotmail.com