# UPPER MIDWEST ENDURANCE AND COMPETITIVE RIDES ASSOCIATION



## Looking for new places to ride in your area and beyond?

Check out http://trailmeister.com/

Lots of information there on trails and all things trails! Search by city, state, even zip codes! You can even add trails that you know about.

A new ride season has begun and I hope everyone is ready to go! It is always exciting to start a new season as we get to meet new members, set new goals for ourselves or our equine partners, and of course catch up with old friends.

I hope everyone will share their excitement and thanks with all of our Ride Managers too. They certainly appreciate the enthusiasm and the acknowledgement of the work they do so that we can enjoy our sport. A simple THANK YOU goes a long way with RM's and all their volunteers.

Ride safe and smart this year. I hope it is one of the best seasons for you and your horse. Enjoy the ride!

Jon Wagner UMECRA President

## **Advertising in the UMECRA Newsletter**

Rates depend on the size of your ad and how many times you wish to run it:

Ad Rates for	1 time	2-3 times	4-8 times	9-10	the year
Newsletter				times	
Classified 10 lines	\$6.00				
*					
\$.60 extra per					
line					
Business Cards	\$8.50	\$6.80 ea.	\$5.95 ea.	\$5.50	\$51.00
				ea.	
Quarter Page	\$20.00	\$16.00	\$14.00	\$13.00	\$120.00
		ea.	ea.	ea.	
Half Page	\$25.00	\$20.00	\$17.50	\$16.25	\$150.00
		ea.	ea.	ea.	
Full Page	\$45.00	\$36.00	\$31.50	\$29.25	\$270.00
		ea.	ea.	ea.	
*Line = (65 Characters					•
per line including					

Hey UMECRA! Anyone out there interested in taking over the newsletter? We are still looking for a new newsletter editor.

Responsibilities include producing 10-11 newsletters per year and helping with organization wide emails on occasion. If you are interested, please contact UMECRA President Jon Wagner (<a href="mailto:jwagner288@wi.rr.com">jwagner288@wi.rr.com</a>) or current newsletter editor Peggy Pasillas (UMECRAnews@gmail.com)

spaces)

## Where Will Your Next Ride Be?

2019 Ride Date	Ride Name	Location	State	RM Last Name	RM Email
5/25- 26	Grand Island	Rapid River	MI	Kathy Macki	k_macki@yahoo.com
6/1-2	AHDRA's Endure Ride	Chandlerville	IL	Nicole Mauser- Storer	n.mauserstorer@huskers.unl.edu
6/1-2	Maplewood West	Pelican Rapids	MN	Sarah Peltier	peltier.sa@gmail.com
6/8-9	White River Summer	Hesperia	МІ	Kari Hanes	montaleearabians@gmail.com
6/8-9	ApDRA	Palmyra	WI	Dawn Haas	jehaas@centurytel.net
6/15- 16	SE Minn	Preston	MN	Diane Schmidt	diannerusty01@gmail.com
6/22- 23	Grand Island North	Limestone	МІ	Karen Bahrman	kbarhman@gmail.com
6/29- 30	Dead Dog Creek	Kinmundy	IL	Linda Mowrer	ridedeaddog@hotmail.com
7/5-6	Endless Valley	Arena	WI	Linda Jacobson	jdisawesome@lycos.com
7/13- 14	AHAM- Hopkins Creek	Manton	МІ	Gene Dake	dedake6196@gmail.com
7/13- 14	Mosquito Run	Rogers	MN	Peggy Pasillas	peggy@pasillas.net
7/20- 21	AHDRA I - My Backyard	Brimfield	IL	Sarah Mowrer	ridedeaddog@hotmail.com
7/20- 21	Pine Marten	Wetmore	МІ	Karen Bahrman	kbahrman@gmail.com
7/26- 28	Bonecrusher	Palmyra	WI	Amber Erickson	endurochiro3@gmail.com
7/27- 28	Northern Lightz Run	Twin Valley	MN	Diane Schermerhorn	dasher09@gmail.com
8/3-9	Shore-to- Shore	L. Huron to L. Michigan	МІ	Bruce Birr	bbirr@centurytel.net
8/10- 11	Louise Reidel Memorial	Arkdale	WI	Elinor Tonsor	helinoretonsor@earthlink.net
8/17- 18	Rock River Charity	Franklin Grove	IL	Tony Troyer	il4aerc@aol.com
8/17- 18	Run for the Cactus	Granite Falls	MN	Sarah Maass	sarahmaass@hotmail.com
8/24- 25	Northern Highland	Conover	WI	Laurie Henschel	ridgeviewwalkers@frontiernet.net
8/31- 9/2	White River Fall-	Hesperia	МІ	Kari Hanes	montaleearabians@gmail.com

	Labor Day				
9/7-8	Charity Cup	Pillager	MN	Darlene Molitor	valleycreek1@gmail.com
9/7-8	Keweenaw	Marquette	MI	Karen Jarvi	kjarvi0914@gmail.com
9/7-8	Lincoln Trail	Kinmundy	IL	Ruth Stewart	rrstewart2002@yahoo.com
9/14- 15	Colorama Classic	New Prospect	WI	Pam Cotton	hellsbellsfarm@gmail.com
9/21- 22	Run for the Ridge	Granite Falls	MN	Sarah Maass	sarahmaass@hotmail.com
9/28- 29	Metro Park Express	Milford	MI	Mindy Nagy	melindasmyers@gmail.com
10/4-6	DRAW Festivus	Palmyra	WI	Sherry Aune	aunesherry@hotmail.com
10/12- 13	Iron Oak	Arkdale	WI	Ruth Casserly	casserlytimruth@gmail.com
10/12- 13	Oak Leaf Run	Hamilton	МІ	Barb Kurti	silverheartsfarm@yahoo.com
10/18- 19	Point Chaser	Theilman	MN	Holly Egerer	regerer287@aol.com
10/26- 27	AHDRA III - Big River	Keiths burg	IL	Jim Andriakos	cgswimcoach@yahoo.com

## Aflatoxins in Horse Feed

Aflatoxins are a group of chemically related mycotoxins that some common molds produce as a byproduct.

Initially discovered in the 1960s, the biggest concern associated with aflatoxins in horse feed is that they can lead to liver damage; this occurs because the liver removes the toxins from the blood after the intestinal tract absorbs them. In horses, signs of chronic liver damage can include inappetence, depression, fever, tremor, ataxia (incoordination), and cough. Acute poisoning can also occur, especially in younger, more vulnerable animals, resulting in generalized hemorrhage, bloody diarrhea, and death.

Aflatoxins and other <u>mycotoxins</u> are potential contaminants of several feed ingredients, particularly corn. They're most prevalent when plants are stressed and climate conditions are favorable, such as during drought or resulting from insect damage.

Fumonisin (another type of mycotoxin), for example, infects corn kernels and causes moldy corn poisoning or disease in horses. Affected horses display neurologic issues, including incoordination due to damage to the brain's white matter. Fumonisin-contaminated corn is most common in states with warm, humid climates. Unfortunately, while some horses might not consume feed contaminated with some toxins due to its unpalatable nature, fumonisin doesn't reduce corn's palatability. Most commonly, fumonisin is found in corn screenings (corn kernels—broken,

ground, or fractured—and other cleaning process byproducts); for this reason the FDA advises against feeding horses corn screenings. Low levels of these aflatoxins in horse feed are common and appear to cause few issues, so avoiding them completely is likely unrealistic. However, because their negative effects can develop as animals consume higher concentrations, there are guidelines on allowable limits in feed fed to horses and other livestock. The FDA recommends corn and corn byproducts contain less than 5 parts per million (ppm) of fumonisins and that they shouldn't make up more than 20% of the whole ration's dry weight. The FDA updated its aflatoxin guidelines in March 2019, and the allowable limit in grains, ingredients, and feeds is 20 ppb for horses.

## Controlling Aflatoxin Levels

Feed companies should test raw ingredients at risk of containing mycotoxins before railcars and trucks are unloaded at feed mills. Not only are they testing the ingredients to ensure they're well below the FDA's action levels but that they also meet the company's own quality criteria, which are lower than FDA requirements. Feed that fails feed company testing is refused and not unloaded. A company that produces feeds for different, less-aflatoxin-sensitive species might accept this refused grain.

## **Protecting Horses**

Scientific literature offers limited information about aflatoxin exposure and metabolism and how they impact horses. This doesn't mean equine aflatoxin poisoning is rare but rather that we don't always identify it when horses display nonspecific clinical signs.

Some believe there's a link between equine respiratory disease and inhaled mycotoxins, so soaking or steaming hay could help reduce mold exposure risk (these molds occur even in the cleanest forages). Molds found in forage tend to be slightly different than those detected in grains, with a greater prevalence

of *Aspergillus* and *Penicillium* in forages. However, these molds still produce aflatoxins and fumonisin toxins, among others.

You can't tell whether feed is contaminated by mycotoxins just by looking at it; even feeds that don't appear obviously moldy can have high toxin levels. If you see your horse exhibiting clinical signs that might be linked to mycotoxin poisoning, call your veterinarian immediately; he or she will conduct bloodwork to assess your horse's liver health. And, if you feed grain, ask the product manufacturer what steps they take to ensure feeds aren't contaminated with potentially unsafe levels of mycotoxins.

Some products designed to bind mycotoxins when administered to horses are available on the market. These include clays, such as sodium aluminosilicate, and the cell walls of hydrolyzed

yeast. In numerous research trials in other species, scientists have shown these ingredients bind mycotoxins and remove them from the digestive tract before they can be absorbed in the bloodstream. This renders them harmless. These ingredients also have other benefits; hydrolyzed yeast cell walls, for instance, have prebiotic effects.

Finally, store your feeds carefully to help reduce the chance of mold development. Always clean out feed bins between refilling them with new bags, and avoid plastic storage containers if you live in a humid climate.

## The Bottom Line

By selecting feeds from companies with stringent quality control measures and using careful feeding and storage practices, you can help protect your horse from the potential risks associated with mycotoxin exposure.

TheHorse.com

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### DRAW Clinic – April 7<sup>th</sup>



#### Minnesota Clinic - April 18th





Minnesota Mock Ride – May 10-11







#### Coon Rock Mock Ride - April 28th





#### **UMECRA Clinics**

What a year for great clinics within UMECRA! It's incredible how much interest there is in this sport that we love! Now that we have piqued their interest – what can we do to help them grow in the sport? Here are a few ideas when you see a new face at the rides...

- 1. See a new face reach out and say hi!
- 2. Ask if they are new to the sport
- 3. Ask if they have any questions
- 4. Encourage them when they start their ride
- 5. Congratulate them when they complete
- 6. Commiserate with them if they don't finish
- 7. Invite them to join you at the pot luck
- 8. Introduce them to other riders
- 9. Help them to feel welcome!

Are you a new rider? What can you do to get to know more people? Here are a few ideas for you!

- 1. Let the Ride Manager know you are new to the sport.
- 2. Volunteer! Help scribe, make coffee, help feed the vets
- 3. When people are done with their rides and ready to relax, ask them about their ride, what event they competed in, ask them about their horse, start a conversation!

## **Ride Results:**

White River Spring - 5/4/19 - Comp HW					
Sandra	Wright	LW Raajas Chip	1		
Wł	White River Spring - 5/4/19 - Comp Jr				
Abby	Moorhouse	Shaheen El Hilal AW	1		
Wh	White River Spring - 5/4/19 - Comp LW				
Jan	Wylie	Dose	1		
Lauren	Watson	Stormy	2		

W	White River Spring - 5/4/19 - End HW				
Kwelly	Frank		1		
Helen	Lynn	Pipers Prime Time	1		
Linda	Hamrick	RTM First In Line	1		
Amy	Yatsko	Meritage MHF	4		
Shelby	Moucha	Morning Glory XX	Р		

Wł	nite River Sprii	ng - 5/4/19 - End LW			
Alex	Uspenski	Marton	1		
Mary	Mast	Synnonym	2		
V	White River Spring - 5/4/19 - LD Jr				
Isabella	Moorhouse	Awana Lexicon	1		

W	White River Spring - 5/4/19 - LD Sr					
Diane	Maxey	LW Constant Sohn	1			
Pam	Darga	Ecliptic Azraff	2			
Jennifer	Shooshanian	Sammy	3			
Cheryl	Fenton	SAS Rodeo Drive	4			
Alicia Elaine	Smith	Sutherland Farm's Aryo	5			
Amanda	Clarke	Gilly	6			
Noelle	Snyder	KW Farih Magnum	С			
Marge	Dixon	Kenlyn Lexus	С			
Lisa	Moorhouse	WR Darkmoon Dancer	С			
Samantha	kraker	Luna	С			
Leah	Palestrant	Central Park CCF	Р			
Bill	Gage	DJ's Double O Seven	Р			
Roberta	Harms	Lady Jane	Р			

W	White River Spring - 5/5/19 - Comp HW				
Ken	Wright	LW Raajas Chip	1		
V	White River Spring - 5/5/19 - Comp LW				
Taylor	Walker	Phantom Z Mirdzh	1		
Lisa	Germann	Brittany Rolsthadice+	2		

	White River Spring - 5/5/19 - LD Sr				
Helen	Lynn	DJs Yo-She	1		
William	Gage	Quick Sand Suzie	2		
Pam	Darga	Ecliptic Azraff	3		
Don	Fehrs	Doppler	4		
Lisa	Moorhouse	WR Darkmoon Dancer	5		
Linda	Hamrick	RTM First In Line	6		

MnDRA1 - 5/4/19 - Comp HW				
Taryn	Lindbeck	TKO Rhio Bask	1	
Rachel	Spry	Phoenix	2	
Kasie	Thomas	Indy	3	
Rasic		5/4/19 - Comp Jr	15	
Olivia	Christenson	Positively Mee	1	
Emily	Dymesich	Scout	1	
,	. ,	5/4/19 - Comp LW	<u> </u>	
Pamela	Coolidge	Snappy	1	
Diane	Merz	Sterling Illusion	2	
Michele	Bjork	AM Suwanne Adrianna	3	
Adrienne	Dymesich	Phantom	4	
Karrie	Halbur	Missy	5	
	MnDRA1	- 5/4/19 - Drive		
Leslie	Lloyd	Spot	1	
Candis	Hankins	Juneberry	1	
Sheri	Houtakker	Tango	3	
Sheri	Houtakker	Nico	4	
Mary	Lawrence	Aja	5	
Connie	Johnson	Dublin Moon	6	
Sharon	Hahn	My Cameo Love	С	
	MnDRA1 -	5/4/19 - End HW		
Sarah	Carlson	Miss Chievous Artemis	1	
Sheryl	O'Brien	Wild River Sundancer	2	
Max	Harn	Nano Tech	Р	
	MnDRA1	- 5/4/19 - End Jr		
Miley	Eischens	Chips Diamond Rehalla	1	
	MnDRA1 -	5/4/19 - End LW	_	
Candy	Barbo	SR August Breeze	1	
Jodi	Johannessen	Bombay Ice	2	
Krystyna	Eischens	G	3	
Maria	Enge	Faustos Flame	4	
Karla	Ovsak	Patches MN	5	
Scott	Campbell	JG Kings Major	Р	
Teresa	Harp	Jedwab	Р	

	MnDRA1 - 5/4/19 - LD Jr				
Ruby	Thorp	Nightmare Blues	1		
,	MnDRA1 - 5/4/19 - LD Sr				
Suzanne	Warren	PPF Geyms Sonsy	1		
Jane	Malischke	Hollywoods Brightest	2		
Edward	Hauser	LJR Propetual Motion	3		
Sherry	Legatt	Fortunette Echo	4		
Jason	Nicol	SBF Capaccino	5		
Peggy	Pasillas	Remy	6		
Cody	McGill	Jasper			
Emily	Kibler	Mr Major General	С		
Jennifer	Frerichs-Ramon	Ouch My Stitches	С		
Melonie	Driese	Justaemageof	С		
Crystal	Esqueda	Spotted Caliber	С		
Kathryn	Vadnais	Nobel Effects	С		
Ann	Usher	WS Caballero	С		
Barry	Saylor	Dreamgirl DE	С		
Debra L	Juettner	Rena	С		
David	McGill	Chili	С		
Teresa	Fett	Ice Falcon LRA	Р		
	MnDRA1 - 5	/5/19 - Comp LW			
Victoria	Robison	SC Zhivago	1		
	MnDRA1	- 5/5/19 - Drive			
Leslie	Lloyd	Spot	1		
	MnDRA1	- 5/5/19 - LD Jr			
Sophie	Gustafson	Tryggr	1		
Ruby	Thorp	Nightmare Blues	2		
Adin	Esqueda	Lads Switch Blade	3		
	MnDRA1	- 5/5/19 - LD Sr			
Teresa	Fett	CR Mistiraaz	1		
Jesse	Shaddrick	Jinjersnapp	2		
Emily	Blodgett	Scout	3		
Jordan	Kopras	Cisco - QH	4		
Erica	Hollen	AW Banderas	5		
Rebecca	Horihan	LC Ernani	6		
Colleen	Huenes	Thee Magicman HT	С		
Crystal	Esqueda	Lopin in Diamonds	С		
Maria	Enge	CRF Lady Supreme	С		
Debra	Schroeder	Mexicali Mac V	С		
Kelly	Hazledine	JK Eternal Dream	С		
Ann	Usher		С		
Barry	Saylor	Dreamgirl DE	С		
Kelly Ann	Kennedy	Ali Gazali WLF	С		

	MnDRA1 - 5/5/19 - Novice				
Michelle	Reynolds	Buddy	1		
Katie	Vogl	My Name Is Bob	2		
Весса	Johnson	Bob	3		
Amanda	Reynolds	Dreamer - POA	4		
Madalyn	Harvey	Fancy	5		
Terri	McCarthy	A Noble Look - Pete	6		
Mary	Hadler	Bonanza Buck	С		
Mary	Mulholland	Quest	С		
Caryn	Cruz	Zena - TB	С		
Genny	Reynolds	Remy	С		
Jeff	Reynolds	Buckshot	С		
Courtney	Gunter	Piper	С		
Grace	Sykes	Bella	С		
Joshua	Ramon	Halley's Comet Chocolate	МО		
Abby	Gieseke	Fancy Zara	МО		
Joey	Gaffaney	HJ Nikeshah	МО		
Pamela	Coolidge	JH Arabalest	МО		
Sarah	Maass	Mustang Salli	МО		
Dale	Lunde	Mattingley Hour Glass	МО		
Holly	Egerer	Zippy's Ace of Diamonds	МО		

Glacier Trails - 5/10 - Comp HW					
Allison	Goetz	Shadowtrax	1		
Laura	Savatski	Murphy's Law	2		
Andrea	Pfeifer	Mytalisha's Titan	3		
Barb	Gardner	RR Roman Scooter	4		
Glacier Trails - 5/10 - Comp LW					
Melinda	Stewart	McCues Miss Behavin	1		
Sally	Hoff	Gloryius Trinity	2		
	Glacier Tra	ails - 5/10 - LD Sr			
Samantha	Connor	Bey Gaalan	1		
Bonnie	Mielke	PSL Lakota Chief	2		
Daniel	Pakes	Koko	3		
Jon	Wagner	Mi Victory Dance	4		
Laurie	Henschel	Baskadena KSR	5		
Erik	Kirsch	Wilco	6		
Sharon	Crawford	Sundance	С		
Jim	Andriakos	Afsaar	С		
Debbie	Jackson	Generally I'm Fancy	С		
Linda	Jacobson	AE Gimli Strength	С		
Debby	Weisbecker	Love Me A Latte	С		
Katie	Bachhuber	Indiana	С		
Deb	Searle	WOA Ravens Premier +/	С		
Laura	Husser	CDWD Margarita	С		
Glacier Trails - 5/11 - Comp HW					
Laura	Savatski	Murphy's Law	1		
Andrew	Raska	Falling for a fire	2		
Jim	Andriakos	WBNelsons Thunderbyrd	3		
Glacier Trails - 5/11 - Comp LW					
Tracy	Johnson	Mombo Number Five	1		
Dede	Reed	Raky	2		
Valerie	Krebs	Chasc	3		
Chad	Manthey				

Glacier Trails - 5/11 - Drive						
Ray	Hubert	JimmyCrackedCorn	1			
Alice	Hubert	K-Macaroni	2			
Jeanne	White	Chessica	3			
Glacier Trails - 5/11 - End HW						
Guy	Worthington	PA Hi-Spirit	1			
Kimberly Ann	Fosler	BZ Cojeseryn Sahar	2			
Peter	Dordal	Amaz'n Grace	3			
Glacier Trails - 5/11 - End LW						
Ann Marie	Barnett	Momen HO	1			
Jan	Worthington	Golden Lightning	2			
Belinda	Cook	BF Four by Four	3			
Sheila	Schneider	Gypsy B Miss Behavin	4			
Glacier Trails - 5/11 - LD Jr						
Mazey	Ostermann	Sky	1			
Lorelai	Haase	Herbee The Love Bug	2			
Alice	Erickson	Rushcreek Calia				
	Glacier Tra	nils - 5/11 - LD Sr				
Ainsley	Suskey	RFR The Icebaby	1			
Wes	Elford	Suzie Q	2			
Amber	Erickson	Ophelia Kkan	3			
Nikki	Boesch	Fia Dahlia	4			
Tina	Williams	Sonny	5			
Laurie	Henschel	Baskadena KSR	6			
Kristine	Jubeck	Hamlet	С			
Pam	Cotton	RAL Khastaway (Khasper)	С			
Ana	Holder	Above All Grace	С			
Deb	Searle	Charizmatic	С			
Carter	Snyder	Wyatt's Dire Straits	С			
Robin	Schadt	WOA Ravens Premier +/	С			
Maxine	Bernsdorf	CH Shamm Bashire	С			
Angel	Chmurynski	Tammens Taj	С			
Glacier Trails - 5/12 - Comp HW						
Laura	Savatski	Murphy's Law	1			
Glacier Trails - 5/12 - Drive						
Alice	Hubert	K-Macaroni	1			
Ray	Hubert	JimmyCrackedCorn	2			
Glacier Trails - 5/12 - LD Jr						
Lorelai	Haase	Herbee The Love Bug	1			
Mazey	Ostermann	Sky	2			

Glacier Trails - 5/12 - LD Sr						
Daniel	Pakes	Koko	1			
Samantha	Connor	Bey Gaalan	2			
Sherry	Aune	Cabernet Sauvignon	3			
Guy	Worthington	JG Randie	4			
Jim	Andriakos	Afsaar	5			
Robin	Schadt	RAL Sorceress (Chloe)	6			
Ainsley	Suskey	HTLB Stormy	С			
Debby	Weisbecker	Love Me A Latte	С			
Pam	Cotton	SRB Reno Lytes	С			
Amy	Betzelberger	Lexus	С			
Samantha	Donath	PJ Hailey	С			
Vera	Betzelberger	Starr Quest	С			
Deb	Searle	WOA Ravens Premier +/	С			
Linda	Jacobson	Mi Precious Ruby	С			
Melinda	Stewart	McCues Miss Behavin	С			
Laura	Husser	CDWD Margarita	С			
	Glacier Trails - 5/12 - Nov					
Misty	Haumschild	Star Bar Skip	1			
Devin	Lewer	John's Miss America	2			
Sara	Watts	Stormy Weather	3			
Lisa	Barman	Karmen	4			
Danielle	Barman	Peaches	5			
Sarah	Sickles	Ajmani	6			
Toni	Griswald	Daytona's fast Track				
Mindy	Ochs	Phantom Image	С			
Kim	Jaye	Chance	С			
Kristine	Jubeck	William	MO			
Lynn	Haase	Hamlet	MO			
Tracy	Johnson	Mombo Number Five	MO			
Kim	Fosler	Wyatt	MO			

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Deadline for Next Newsletter: 5<sup>th</sup> of each month Send news to: UMECRAnews@gmail.com



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